



OAKDALE RESIDENTIAL CARE FACILITY II A *(specializing in mental health)*

This facility is located on our 32 acre complex. It is home to 38 individuals who are ambulatory and experience a mental illness handicap requiring a specialized residential support to achieve quality-of-life. We are staffed with a Mental Health Consultant and Mental Health Registered Nurse to supervise and guide us in the care of the mentally challenged. Each person has an individualized treatment program to guide and assist them to achieve quality-of-life. This facility works closely with individuals sponsored by Southeast Missouri Mental Health Center and Family Counseling.

ADVANCED THERAPY SERVICES, LLC.

Physical, Occupational, and Speech therapy services for all levels of care and on an out-patient basis. Continuity of services are provided throughout the resident's stay and may be continued at their home. All therapists are fully licensed and experienced in working with older adults. Therapy services are provided in either our spacious, well-equipped therapy room or in individual resident rooms.

Administration: Jeff Newman, a Missouri licensed administrator trained in all areas of nursing home compliance with the state and federal regulations. He has been in the health industry for over 36 years and with Oakdale over 18 years.

Nursing: Earline Pitt, Director of Nursing is a licensed Registered Nurse and has been with Oakdale for over 17 years. She comes with over 41 years of experience and she oversees all aspects of the nursing departments and resident care. We have an individual approach to medication passes.

Social Services Advocate: Will assist and follow up on financial assistance, acting as a liaison between residents, families and community agencies. Helping each resident meet their social needs. (Medicare, Medicaid and private insurance).

Activities: Evaluated monthly by our coordinator who designs and plans group activities based on the total residents' needs and wants. Also plans and introduces residents to one-on-one activities based on their previous history.

Dietary: We have a liberalized diet approach to our residents' meals. Residents have the opportunity to make choices in their meal service. They are involved in planning and are educated in the approach of their plan of care.



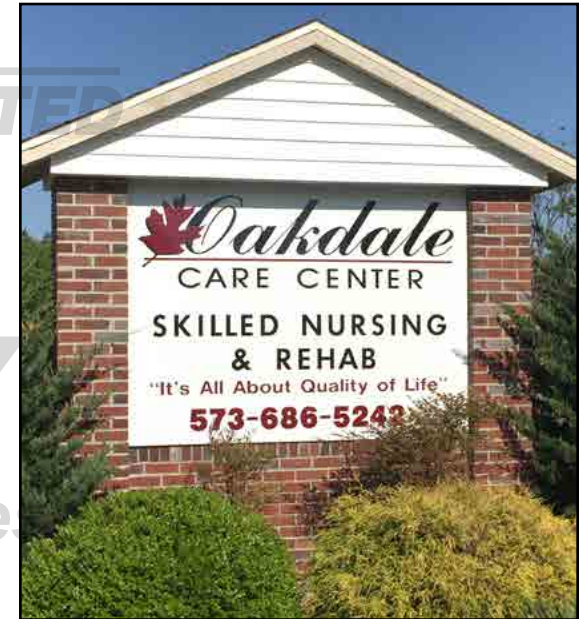
Website: Oakdalecaringcenter.com
Email: Oakdale@sheltonbbs.com

P.O. Box 340
Poplar Bluff, MO 63902
Phone (573) 686-5242
Fax (573) 686-3637



*Skilled Nursing, Assisted Living
and Residential Care*

"It's All About Quality of Life"



**WE ARE LOCALLY OWNED
AND OPERATED**

573-686-5242
2702 DEBBIE LANE
POPLAR BLUFF, MO 63901

MISSOURI MENTAL HEALTH CENTER INCORPORATED
CUSTOMER
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Thank You for Your Business

Our health care complex offers five different levels of care to meet the needs of each resident's health care situation.

OAKDALE CARE CENTER

- Skilled Nursing Service (Medicare A)
- Intermediate Nursing (Medicaid)

OAKDALE ASSISTED LIVING

- Allison Gardens
- Senior Suites

RESIDENTIAL CARE FACILITY II

- Specializing in Mental Health Care

We are located on the Northeast side of Poplar Bluff.

1. Take North Main 2 blocks past Barron Road to stop sign.
2. Turn right onto Wilcox Road.
3. Take first right onto North Avondale. Curve left on Avondale. Drive to end of the street.
4. Turn right onto East Avondale. Pass three houses and turn left onto Debbie Lane.
5. Go to top of hill for Skilled Nursing.

"It's all about quality-of-life"

For some individuals, a few essential personal interventions are plenty to allow for the safe and healthy pursuit of quality-of-life. For other individuals, a much higher level of care is indispensable. But realistically, a personal match in facilities today may not be the right choice in the future. At Oakdale, there are personal alternatives which allow movement to match evolving quality-of-life needs, without the stress of leaving a familiar location, old friends and well-known staff.



OAKDALE CARE CENTER

SKILLED NURSING SERVICE & INTERMEDIATE NURSING

These are **PRIVATE ROOMS** and are skilled under Medicaid/Medicare A Vendorship. We encourage the residents' to decorate their rooms as home-like as possible. We allow them to bring their own furnishings, including their own bed. All rooms have semi-private bathrooms with a shower.

This facility is licensed for 70 residents with licensed nursing staff on duty 24 hours/7 days a week. Each resident is provided with a **PRIVATE ROOM** with a semi-private bath, basic cable, and access to a beautician/barber. Whirlpool baths, physical, occupational and speech therapy are also available on a medically indicated basis. We have an individual approach to residents' care with liberalized diet menus and medication passes. Monthly and quarterly meetings are conducted between staff, residents, and family members to exchange information, discuss a resident's progress and what the future holds. There is a Pharmacy Consultant, Registered Dietitian, and a Medical Director on staff. Activities are scheduled daily for residents including special outings for those wishing to participate IE: shopping, dining out, fishing, boating and just sightseeing during the holidays. Spiritual services are available each week and several church buses frequent the facilities.



**OAKDALE ASSISTED LIVING/
ALLISON GARDENS**

This facility is an alternative to those residents who do not require skilled services, but may need limited supervised care. We offer peace of mind for both residents and family members. Our 60 bed facility is located within 100 yards of the main skilled building. This facility has all the privileges of the main facility. There are two buildings, one is licensed for 8 residents (Allison Gardens) for a quaint country setting and a quiet atmosphere. The second building is set up for 52 residents with a large sun room and senior suites. The senior suites have a private bathroom with a spa like shower, private bedroom, a living room and a kitchenette. Both facilities have private rooms. We provide a medication regimen including distribution of all medicines, we offer the benefits of physical, occupational and speech therapy to all our residents on a physician's ordered basis. There is a Pharmacy Consultant, Registered Dietitian, and a Medical Director on staff. Activities include an outing once a week, spiritual services, and one-on-one activities. Residents are allowed to come and go at will, but have 24 hour supervision while at our home. Amenities include beauty/barber shop, meals, snacks and laundry services, if needed, along with the option of bringing in their own furnishings. Vehicles are permitted with proper verification.

